



CAROLINA SWIM CAMP

RULES & EXPECTATIONS

Carolina Swim Camp's biggest concern is to provide a safe and enjoyable experience on our campus for all campers and guests. The following rules **MUST** be adhered to by ALL campers and guests to create a positive camp experience for all –

1. Campers are expected to ALWAYS conduct themselves in a respectful & appropriate manner.
2. Campers are PROHIBITED from entering any buildings that are NOT USED by OUR program. This includes other athletic facilities and other dormitories.
3. 1-on-1 contact with campers and counselors should be avoided. If one-to-one interaction is absolutely required, meet in open, well-illuminated spaces or rooms with windows observable by other adults.
4. There will be NO VISITATIONS between male and females inside the dorm rooms. Visiting will be contained in the public spaces of the residence hall while a counselor is present. Campers MUST sleep in their assigned rooms.
5. The residence halls will be closed and locked AT ALL TIMES. To re-enter, you must be accompanied by a camp counselor.
6. NO intoxicants or controlled substances will be allowed during camp at any time. Anyone found to be abusing this rule will be removed from the camp and sent home immediately.
7. No camper shall leave the campus for any purpose without permission from the Camp Director, Gretel Brandau.
8. Attendance is MANDATORY at ALL training and social functions.
9. If you are injured or hurt in anyway, immediately contact any member of the Carolina Swim Camp staff.
10. ALL MEDICATIONS brought to camp MUST be reported at check-in.
11. MOST IMPORTANTLY – Be happy and helpful campers! Have fun!

In the event of an emergency,
please contact Camp Director, Gretel brandau at
(804) 405-1887





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HOUSING GUIDELINES

We want your stay at the University of North Carolina and the Carolina Swim Camp to be positive experience. Below are a few procedures during your time in the dorms to help maintain that –

TELEPHONES: Telephones are located at the front desk of the dorms. Be respectful of those waiting to use the phone; and keep your conversations brief and at a low volume. Cellphones are permitted during camp. However, any inappropriate use of cellphones can lead to limited use or removal from camp.

MAINTENANCE: Report any room/restroom issues to your camp counselor or the hall directors immediately.

SECURITY: When you are not in your room, keep your dorm room locked AT ALL TIMES, even if you remain in the building. DO NOT PROP ANY BUILDING DOORS.
ALL OUTSIDE DOORS to the dorms will remained locked AT ALL TIMES.

WINDOWS: Do not open windows at any time.

FURNITURE: Do not move any furniture, either in your dorm room or in public camp spaces.

TRASH: ALL trash should be disposed of properly & emptied from all rooms at the end of camp.

CHECK-OUT: In order to check-out of your room in a timely fashion, all campers **MUST** –

- Pack everything on the LAST night of camp for the Following Day's check-out.
- Empty your trash (all rooms must be trash free to check-out).
- Clean closets and drawers.
- Pickup any litter on the floor.
- Clean up all spills.
- Turn your key in to the hall director.

FIRE ALARMS: Always assume that a fire alarm means a real fire. Follow these steps if a fire alarm sounds –

- Feel the door from top to bottom for heat with the back of your hand
- Crouch low and open the door slowly
- Close the door behind you and go quickly to the nearest stairwell





- DO NOT USE THE ELEVATOR. Go down the stairs and immediately exit the building.

EMERGENCY CONTACTS: Gretel Brandau, Camp Director (804) 405-1887

CAMPUS POLICE: Dial 911

